

Friday, November 22: Read [*Ephesians 3:20-21*](#)

This passage is a doxology, giving glory to God for what he can do for us, in us and through us. In both of Paul's prayers for the Ephesians, he prays that they would be empowered by the Holy Spirit ([*Ephesians 1:19, 3:16*](#)). God will gain glory, not by what we do for him, but by what he does in and through us, via his Spirit!

Skip forward to [*Ephesians 5:15-21*](#). Ask the Holy Spirit to direct and empower you from within. Notice the results in how you speak to others, your heart disposition (singing and thanking) and your attitude of submission. God will gain glory in us (his church) as we yield to him and experience his presence, his power and the fruit of his Spirit.

Friday: Pray for Our Missionaries

Juan & Adriana Palacios (Angola, Africa), **David & Miriam Trott** (Cochabamba, Bolivia), **Mario Bloise** (Argentina), **Dan & DeAnn Gerard** (San Antonio, TX), , **Craig & Shelly Shafer** (Sentani, Indonesia), **Sue Saunders** (Bosnia), **Matt and Becky Kooi** (Tijuana), **Daniel Jezowski** (Wycliffe), **Andrew & Sara Williams** (Ethnos360), **Brad and Christa Babjack** (University of West Virginia), **Salomon and Megan Guzman** (Tijuana), **Alvaro and Rachel Garriga** (Central Asia), **William and Salma Garcia** (Tijuana church plant)

Week of
November 17
2019



Be the CHURCH is DISCIPLESHIP

Spiritual Disciplines Guide:

- *Invite the Holy Spirit to guide your reading each day.*
- *Read the chapters and underline any meaningful verses and take note of specific advice or wisdom gleaned from your reading.*
- *Note any unclear passages or teaching and seek insight, answers or help.*
- *Think about what you're reading. Ask:*
 1. *How does this apply to me?*
 2. *Are there any temptations to avoid, sins to confess, commands to obey or promises to claim?*
 3. *What insight do I gain on God, myself, others, or life?*
- *Ask God to show you any specific action you need to take as you read.*

Monday, November 18 Read [*Ephesians 3:14-21*](#)

This week's passage includes a second prayer of the Apostle Paul for the Ephesian believers. Let's start off the week with postures of prayer. Paul says he kneels. What does kneeling represent? Does kneeling help you to concentrate in prayer? Read the following verses and note several other postures of prayer. ([*Matthew 14:18-19, 1 Timothy 2:8, Revelation 4:9-10*](#)) When does posture matter and when doesn't it matter?

Experiment with your posture while praying today and see if one way helps you to better focus on God. Make sure your heart attitude is the primary emphasis of your prayers. ([*Psalms 100*](#)).

Monday: Pray for yourself:

---My relationship with God

—My life roles and responsibilities

—My personal needs/weak areas

—My goals and objectives for the fall season

Tuesday, November 19: Read [Ephesians 3:16-19](#)

Today let's think about the Holy Spirit's role in prayer. According to verse 16, what is Paul asking the Holy Spirit to do? (Note [John 16:12-15](#), [Acts 1:8](#), [Romans 8:15-16, 26-27](#)). The Spirit strengthens us within so that Christ may actually dwell in our hearts. The Holy Spirit is also called "the Spirit of Christ". We can commune with God inside of us daily, throughout the day! And God will prompt and guide us from within as we do. ([Colossians 3:15-17](#))

Tuesday: Pray for Family and Friends by Name.

Wednesday November 20: Read [Ephesians 3:17-19](#)

Paul is praying for the Ephesians to experience God's love. Meditate on the ways he prays for this: rooted and established in love; able to grasp Christ's love; to experience his love. In what ways is Christ's love wide? Long? High? Deep? In what sense does his love surpass knowledge? Do you tend to be aware of how much God loves you or are you mostly ignorant of this? (Note [Ephesians 5:1-2](#); [Titus 3:3-8](#))

Wednesday: Pray for Bethel Gilead Community Church

1. **Leadership**: Pray for God's grace and guidance in Pastor Jim and Pastor David's ministries and families. Pray for Linda Penn in her work at BGCC. Pray for the church council and the various ministry team leaders. Ask the Lord of the harvest to raise up more workers for the harvest ([Matthew 9:38](#))
2. **Worship**: Ask God to strengthen our devotion to Him, in prayer, praise and thanksgiving. Pray for more musicians to help lead the church in worship, including a pianist. Pray for the development of a youth praise team.
3. **Fellowship**: Ask God to deepen our love and commitment to one another as a family of believers. Pray that we incorporate newcomers into our church fellowship. Pray through this past Sunday's congregational prayer requests.
4. **Discipleship**: Ask God to develop the faith, dedication, and leadership of our people. Pray for the children and youth ministries at BGCC. Ask God to bless our small group ministry, to raise up new groups, new teachers and more leaders.
5. **Outreach**: Pray that God will use Bethel Gilead to make a positive impact on our community so that many would come to Christ. Ask God to embolden our people to intentionally reach out to others, especially through the Kingdom Assignments and the upcoming Kingdom Projects.
6. **Future Faith Goals**: Ask God to give our congregation a united vision for the future. Pray for God's clear leading in our 2020 plan as we call our members to a greater love and commitment to the Lord and his service. Ask God to bless our finances so that we can better accomplish his purposes for our congregation.

Thursday, November 21: Read [Ephesians 3:14-19](#)

Today, let's compare prayers of the Apostle Paul. Under each passage, write out the gist of what Paul is asking God. Condense the idea to a few words representing each request. Look for similarities and also differences. Consider also how your prayers could more and more approximate the way Paul prayed. Pray back these prayers, using his phrases.

[Ephesians 3:16-19](#)

[Ephesians 1:17-19](#)

[Philippians 1:9-11](#)

[Colossians 1:9-12](#)

Thursday: Pray for "My World"

(Write down names as God brings people to mind.)

- **Neighbors** • People who live around me. (Focus Four)
- **People at Work** • Others God brings into my life. Take note of specific needs around you and ask God what he wants you to do to help. Who can you invite to church this Sunday?
- **Community** -- Ask God to bring revival and a spiritual awakening to Branch County. Pray for the area churches and a greater spirit of unity and cooperation.
- **America** -- Continue to pray for the nation, our national leaders and a revival in America.