

ALL 019 Small groups

Bethel Group

Sundays 4:30 p.m. Contact: David Minard 517.756.8000

Couples Group

Sundays 6:30 - 8:00 Contact:Lisa Franks 517.617.8185 (Kids are welcome!)

Coldwater Ladies Small Group

Wednesdays at 1:00 p.m. Contact: Kathy Alger 517.462.6262

Bronson Group

Wednesdays 6:30 p.m. Contact: Solano deAraujo 517.369.2198

Seniors Group

Thursdays 3:00 p.m. Contact: Dale and Sally Davis 517.617.4550

Hispanic Group

Thursdays 6:30 p.m. Contact: Jose Albarron 517.677.3289

East Gilead Group

Thursdays 6:30 p.m. Contact: Greg Maertin 419.345.4022

Coldwater Group

Thursdays 7:00 p.m. Contact: Scott Carpenter 517.617.5438

Coldwater Men's Group

Saturdays 8:00 - 9:00 a.m. Contact: Paul Alger 517.677.0444

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Small Group Discussion Guide (Week of November 17, 2019)

Open your group with a time of sharing and prayer. Ask God to direct your group discussion.

- I. Today we will look at Paul's second recorded prayer to the Ephesians. Read *Ephesians 3:14*. Why do we sometimes kneel to pray? What does kneeling symbolize? What about folding our hands, bowing our heads and closing our eyes? How about lifting up our hands? (*1 Timothy 2:8*) Finally, what does falling down before God show? (*Revelation 4:9-10, 14*). Is one better than others? Which posture in prayer helps you to focus on God?
- II. Read <u>Ephesians 3:15-19</u>. Go verse by verse and summarize what Paul is asking for the Ephesians. How does the Holy Spirit strengthen us within? (Note <u>John 16:13-15</u>, <u>Romans 8:15-17</u>, <u>26-27</u>). In what ways can we grasp (realize, experience) God's love for us? How wide, long, high and deep is it? In what sense does God's love surpass knowledge?

In verse 19, Paul prays that we could be filled with God. What does a Christian "full of the Lord" tend to be like? Explain your ideas. (Note *Ephesians* 5:18-20).

- III. Now, go back and read again Paul's first prayer in *Ephesians 1:17-19*. What did he pray for then and how is it different from what he's asking God in chapter 3? How could we use his two prayers here as model prayers (like the Lord's prayer) for us to pray?
- IV. Finally, read Paul's doxology in *Ephesians 3:20-21*. What is he saying about God in verse 20? How should this encourage us when we face difficult times? Verse 21 says that God is glorified in the church. What does this mean and how could we better glorify God as a church?

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