

08.20.2023

Thank you for joining us for worship today! Please remember to silence your electronic devices before service starts. **Extra Seating** for worship is available in the fellowship hall. The nursery is open and the service can be viewed from there.

Church Council meets today following worship service.

“The Chosen -- Part 3” -- Episode 7: “*Ears to Hear*” this Wednesday, August 23 at 7:00 p.m. at the church. Bring a snack to share.

Father/Son Canoe Hike -- Sunday, August 27. Sign up today if interested

Ladies Pokagon Hike -- Sunday, August 27, after church. Bring your own lunch/snack and a water bottle.

Women’s Fellowship is doing a “*Diaper Drive*” for Beginnings during the month of August. There is information in the lobby about current needs (or go to [diaper drive information](#)).

Tijuana Trip -- Are you interested in joining the mission trip to Tijuana? See Pastor Jim for more details and dates.

Summer’s End Baptisms -- If you’ve not been baptized and want to be, contact Pastor Jim about an upcoming baptism service at Gilead Lake

“Leave some....take some” There is a table in the lobby for any surplus you might have from your garden. If you don’t have a garden....take some!

Connect -- Please make sure we have your most recent contact information by filling out a “*Connect*” card (available in the lobby) and placing it in the offering plate or handing it to a greeter or pastor. We use the information to communicate updates to you via email or text or to mail information to you.

Ways to Give: Offering plates are in the lobby. Donations can be made on-line by going to bethelgilead.org (Donate tab), or by scanning the QR code to the left and using PayPal. You can authorize a monthly debit from your bank account by completing a form (contact the office).



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*So Very Thankful
Incredibly Grateful
Unbelievably Blessed*

08.20.23



Bethel Gilead Community Church
876 Block Road Bronson MI 49028

Announcements and Opening Prayer

Opening Worship:

Psalm 103 - Bless the Lord, O My Soul

Psalm 18 - I Will Call Upon the Lord

Psalm 117 - Praise the Lord, All You Nations

Psalm 97 - We Exalt You

Our Mission

"WE HONOR GOD THROUGH REGULARLY ASSEMBLING TOGETHER TO WORSHIP HIM AS LORD, STUDY AND OBEY HIS WORD, AND ATTEND TO THE NEEDS OF HIS PEOPLE. WHEN WE LEAVE, WE GO OUT COMMISSIONED AS CHRIST'S REPRESENTATIVES TO A NEEDY WORLD"

The Sufficiency of Faith: Is Faith Enough?

The Presenting question: How can I control negative emotions?

I. Emotions Are Indicators

- * "Soul" (Mind) = Intellect, emotions and will (TFA)
- * Positive + Negative Stimulus
(Thoughts, circumstances, physiology)

II. Primal Emotions

- | <u>Negative</u> | <u>Positive</u> |
|---------------------|---|
| * Fear/anxiety | *Peace - an inner sense of wellbeing, at ease within |
| * Anger/frustration | |
| *Guilt/shame | *Joy - gladness of heart, strong sense of contentment |
| *Sadness/depression | |
| *Greed/lust | *Hope - a positive sense of the future |

III. Positive emotions are rooted in the character (love) of God

([Galatians 5:22-23](#), [Romans 15:13,33](#))

"If God is sufficient, your faith in God is sufficient"

([Isaiah 26:3-4](#), [Philippians 4:4-7](#))

IV. How to overcome negative emotions

1. Understand them.
2. Identify the negative stimulus and formally present it to God
([Matthew 11:28](#), [1 Peter 4:19, 5:7](#))
3. Seek to change your attitude (outlook) and actions via God's truth, the ministry of the Holy Spirit and the help of others.
([Galatians 5:16-17](#), [Romans 12:1-2](#), [Titus 2:11-13](#))
*Note: The need for emotional healing with the help of others
4. Take responsibility for your own actions and reactions

The Circle of Control

Application

1. What are your emotions indicating?
2. Has God's love conquered you yet? ([2 Corinthians 5:14-15](#))
3. Are the fruits of the Spirit growing in your life?
*[Romans 15:13](#)

Closing Song: *Psalm 90 - May the Favor of the Lord Rest Upon You*

Prayer Concerns

Recent additions

Brealyn Lasky
Bridget Mayer -- blood pressure issues
The family of Sherry McNees
The family of Kim Paul
The Wickey Family -- loss of grandson and nephew
Glen Goheen -- in hospice care
Family of Jonas Rigg
Angelina James -- treatment for Chronic Fatigue Syndrome

Continue to Remember Those in Need

Tim McKinley -- treatment for digestive issues
de Araujo family -- special needs grandson, Luke
The Carpenter Family
Dale Davis -- dialysis and gall bladder issues
Lisa Franks -- pain management

Remember Our Homebound/Shut In Members

Betty Carpenter -- Laurels
Norita Skinner -- Maple Lawn
Don Rubley -- at home

Pray for our nation and the world during these uncertain days